

They devoted themselves to the teaching  
of the apostles and to the communal life,  
to the breaking of the bread  
and to the prayers.

ACTS 2:42

*Issue 2 | September 2022*

## Peace of Christ!



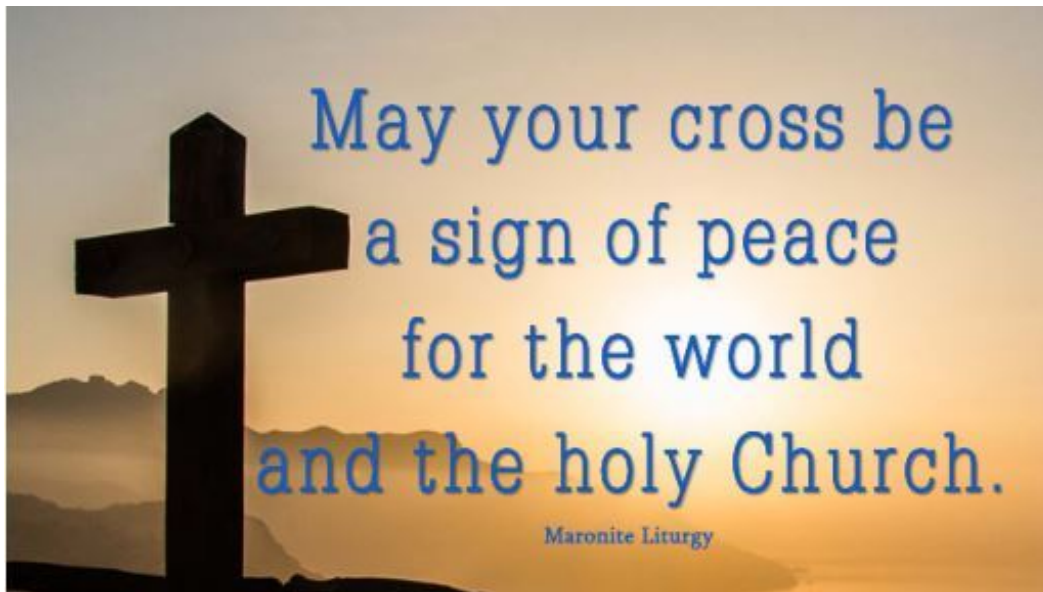
**Family of Saint  
Sharbel USA**

### **Friends, welcome!**

The Family of Saint Sharbel USA presents its latest Newsletter, to highlight past and future events, our spiritual content, and noteworthy projects. We are happy to have you onboard! Please spread the word among your family and friends, we would love to have you all join us.

## Contemplation Corner

### How Do We View the Cross?



As we pray through this season of the Exaltation of the Holy Cross, we offer this space of reflection featuring one of our many spiritual designs. Give yourself a few minutes of meditation and, if you need to, use the following questions to guide your prayer:

What crosses do I carry?

What does Jesus Christ teach us through His journey with the Cross?

How do I live through my day-to-day struggles?

When do I usually pray? In times of joy or in times of hardships?

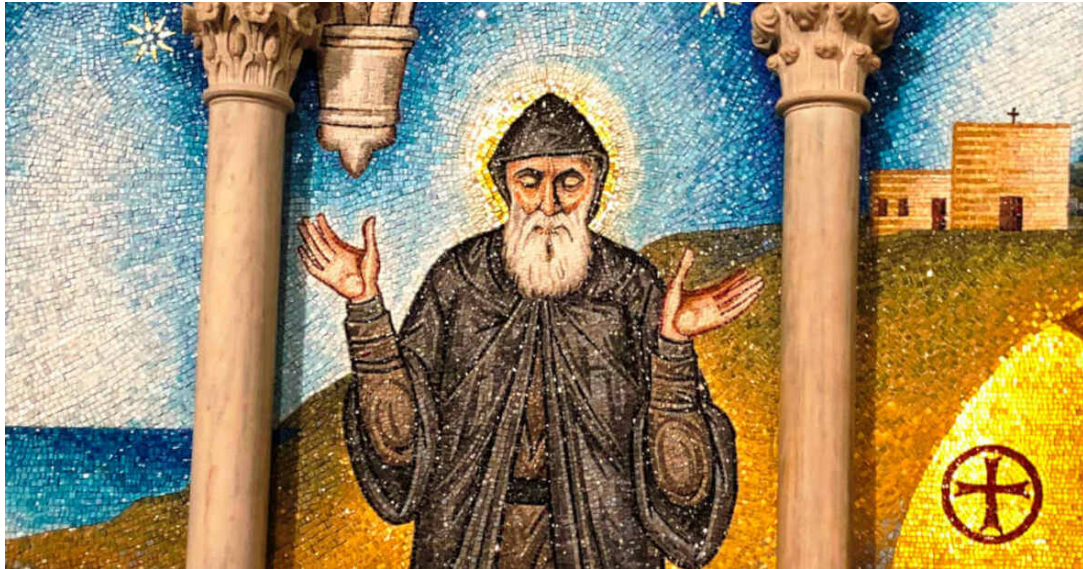
Christ triumphed over the Cross through His Resurrection. What are ways we can pray to experience our own triumphs?

Be assured of our prayers for you and if you enjoyed reflecting on this image, you can find more of our spiritual designs [HERE](#)

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## What's Ahead: Our Schedule and Events

**Memorial of the Canonization of Saint Sharbel (Oct. 9)**



(mycatholic.life)

On October 9, 1977, Saint Sharbel was canonized by Saint Pope Paul VI in Saint Peter's Basilica, Vatican City.

### The Fifth Anniversary of the Dedication of St. Sharbel's Shrine



The National Shrine Grotto of Our Lady of Lourdes dedicated a marvelous shrine to Saint Sharbel and this year we celebrate the fifth anniversary of its dedication. Again, we invite you to join us **Saturday, October 15th, 2022**. The schedule is as follows:

**Confessions: 10:45 am - 11:45 am**

**Divine Liturgy: 12:00 pm**

*Followed by the blessing with the relic of St Sharbel and ending with its*

veneration.

Don't miss this opportunity to celebrate this awesome memory with us!

**Address: 16330 Grotto Road, Emmitsburg, MD 21727**

[Directions](#)

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## In Case You Missed It: Past Events

### Fr. Louis Matar's Interview



[YouTube](#)

An excerpt from an exclusive interview with Fr. Louis Matar, the caretaker of St. Maron Monastery (Saint Sharbel's sanctuary), Annaya-Lebanon. In this excerpt from his exclusive talk with the Family of Saint Sharbel, Fr. Matar speaks about the healing power of the blessed oil and relics of Saint Sharbel and tells us how they are prepared.

Watch the interview excerpt [HERE](#)

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## Editor's Pick: Saint of the Month (Nov.)

### Saint Romanos (Raymond) of Antioch



**Feast Day: November 19**

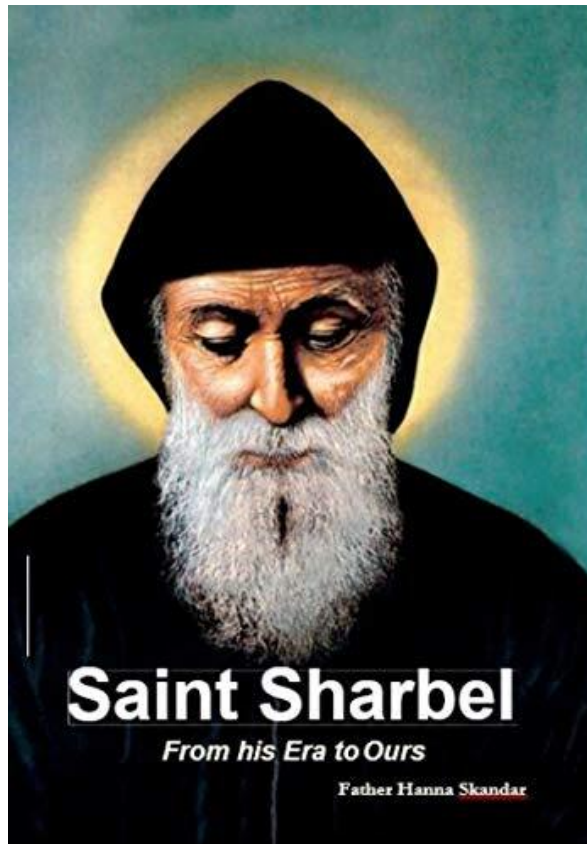
There are many saints that aren't discussed as frequently in mainstream media and we have given this space to spark curiosity and conversation about one you may not know about, every month.

Saint Romanos was a great preacher of the faith who fearlessly supported persecuted Christians in Antioch in the fourth century. He is one of the many martyred men and women who remind us to be steadfast and courageous in our beliefs. You can read more about Saint Romanos [HERE](#)

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## Reading Nook

**[Saint Sharbel: From His Era To Ours \[kindle & paperback\]](#)**



**Title:** *Saint Sharbel: From His Era to Ours*

**Author:** Fr. Hanna Skandar

**Abstract:** “Listen in order to hear, be humble in order to understand, believe and be courageous in order to witness, and love in order to be sanctified.” From his words, we can begin to understand the mysterious life of Saint Sharbel, born in 1828 in the small, mountainous village of Bekaa Kafra, Lebanon, a neighbor of the Cedars and guardian of the Holy Valley... This book describes the life and spirituality of Saint Sharbel based on the testimonies of witnesses from his era. It allows the reader to become familiar with Saint Sharbel’s contemporary culture and the details of his daily life.

**Language:** English

**Publication Year:** 2020

**Available for purchase on the platforms below:**

[Our Amazon Store](#)

[Our Website Shop](#)

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## Articles and More

### The Healing Testimony of Deacon Michael Chirichella



Deacon Michael, who serves at the Shrine Church of Our Lady of Mount Carmel (Brooklyn, NY), gave his healing testimony on August 30, 2022 at Saint Luis Obispo Church In San Luis Obispo, California. We thank God he was able to share the story of his beautiful journey with Saint Sharbel. He was on pilgrimage to the California Missions, led by Father Vincent Chirichella (Pastor Saint Joesph Roman Catholic Church, Astoria NY) and accompanied by pilgrims from various states and countries (Peru, Minnesota, Wisconsin, Maryland, Illinois, Bklyn NY, Florida, California).

Click [HERE](#) to watch his full testimony.

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## Our Weekly Zoom Prayer Meetings

**Join us for our Arabic Prayer Gatherings!**



Every Tuesday night at 8:00 PM (EST), the Family of Saint Sharbel from all over North America gets together to pray the Ramsho (evening liturgy of the hours) in Arabic. A priest will lead the celebration, cantors sing the hymns and lectors read Scripture passages. The priest then reads the Gospel of the day and gives a short homily. Following the prayers, the priest proceeds to give the scheduled teaching and engage in a Q&A session.

Email [office@familyofsaintsharbel.org](mailto:office@familyofsaintsharbel.org) to become a part of this awesome prayer group that has been meeting every Tuesday since 2020!

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## More Links & Resources

The Family of Saint Sharbel offers a free subscription to FORMED, a Catholic online platform with thousands of resources for spiritual growth, from video series, audio talks, movies for children and adults, and much more.

The logo for FORMED, featuring the word 'FORMED' in a bold, blue, sans-serif font. The letter 'O' is replaced by a blue circle containing a white play button icon.

To gain access to all of FORMED's content, follow these simple steps:

Go to: <https://formed.org/signup>, Enter: Family of Saint Sharbel, Enter your



name and email address and you're in!

After you subscribe, you can also get the free FORMED app for your phone to stream and download any video or talk to listen to on the go! (Also available on ROKU and AppleTV).

A few highlights to check out on FORMED:

[Conversion.Stories](#) - [Movies.for.Adults](#) - [Movies.for.Children](#) -  
[Video.Series.on.the.Eucharist.Confession.Marriage.and.many.other.relevant.topics](#)  
- [5.Minute.Daily.Reflections](#)

Below are the links to FORMED on social media:

*Instagram:* [formedcatholic](#)

*Facebook:* [FORMEDCatholic](#)

*YouTube:* [Formed](#)

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## Where to Find Us

- [Website](#)
- [Shrine](#)
- [YouTube.Healings](#)
- [YouTube.Family.Channel](#)
- [Facebook](#)
- [Instagram](#)
- [Online.Shop](#)
- [Amazon.Store](#)
- [Spanish.Website](#)
- [Portuguese.Website](#)
- [Sanctuary.of.Saint.Charbel.in.Lebanon](#)

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**God Bless**  
**The Family of Saint Sharbel USA**



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