

They devoted themselves to the teaching  
of the apostles and to the communal life,  
to the breaking of the bread  
and to the prayers.

ACTS 2:42

*Issue 8 / March 2023*

**Peace of Christ!**



### **Blessings Dear Friends!**

The Family of Saint Sharbel USA presents its latest Newsletter, to highlight past and future events, our spiritual content, and noteworthy projects. We are happy to have you onboard! **Please spread the word among your family and friends, we would love to have you all join us.**

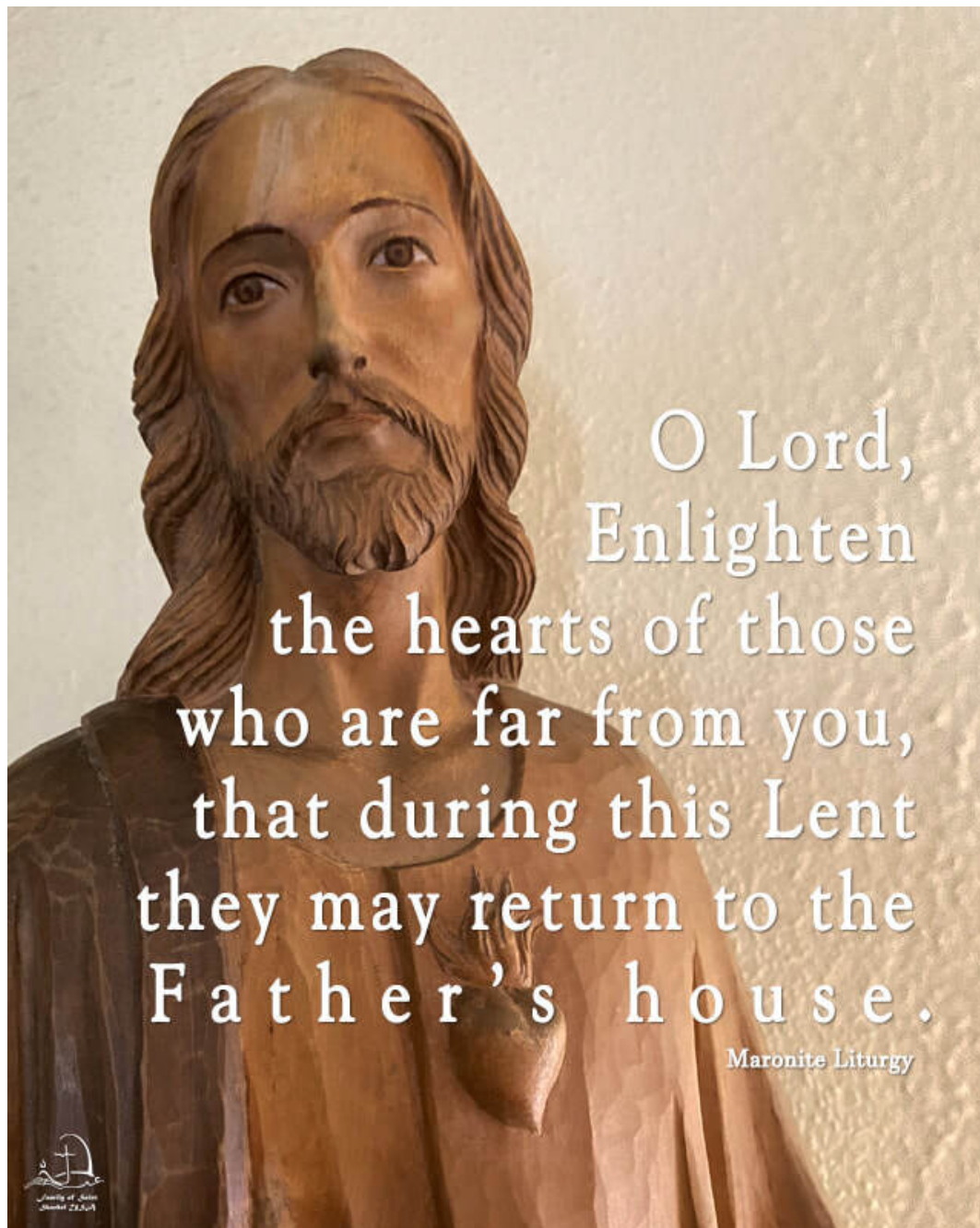
- View the PDF version of this Newsletter & Past Issues  
HERE -

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## Contemplation Corner

**The Power of Penance, Resurrection, and Divine Mercy...**

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*Indeed, if, while we were enemies, we were reconciled to God through the death of his Son, how much more, once reconciled, will we be saved by his life. Not only that, but we also boast of God through our Lord Jesus Christ, through whom we have now received reconciliation. (Rom. 5:10-11 USCCB)*

Above is an excerpt of a passage from Saint Paul's letter to the Romans as he speaks on Faith, Hope, and Love. As we prepare to conclude this season of Great Lent, let us remember the sacrament of **Penance** available to us to greet the Glorious Resurrection with an honest heart that is open to God.

From **Penance** or reconciliation, comes **New Life** and Jesus Christ shows us this salvation by overcoming death on the cross. He died for the sins of the world and Saint Paul reminds us of how we have been saved.

This leads to the ultimate act of love and is a prime example of **Divine Mercy**. The Spiritual Design above illustrates a prayer in the Maronite Liturgy that reminds us of the unconditional love God gives us and to not be ashamed of the sins we have committed for there is always a path to salvation. There is always a way back to the Father's house.

Be assured of our prayers for you and if you enjoyed reflecting on this image, find more of our spiritual designs **HERE**

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## What's Ahead: Schedule and Events

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### April 17 - Monthly Healing Mass, St. Agnes, Baton Rouge, LA

St. Agnes Catholic Church offers a monthly Healing Mass in Honor of Saint Sharbel and the next Mass is Monday, **April 17, 2023 at 6:30 PM [CDT]**. The next dates of their Healing Masses can be found on their website **HERE**.

**What:** Healing Mass in honor of Saint Sharbel

**When:** Monday, April 17, 2023 at 6:30 PM [CDT]

**Where:** St. Agnes Catholic Church, 749 East Boulevard, Baton Rouge, LA 70802

**Contact:** (225) 383-4127

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## **April 23 - Monthly Healing Mass, St. Sharbel Mission of Milwaukee**

The St. Sharbel Mission of Milwaukee is offering a Healing Mass in Honor of Saint Sharbel exceptionally, on Sunday, **April 23, 2023 at 12 PM, Noon [EST]**. This healing Mass is offered *every 22nd of the month* (unless otherwise specified). All are welcome.

**What:** Healing Mass in Honor of Saint Sharbel

**When:** Sunday, April 23 at 12:00 PM [EST]

**Where:** St. Sharbel Mission of Milwaukee, 1501 172nd Ave, Paris / Union Grove, WI 53182-9431

You can contact the parish using this number **805-402-5060** or

**[CLICK HERE TO VIEW THEIR NEWSLETTER FOR MORE INFORMATION](#)**

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## **In Case You Missed It: Past Events**

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### **Apr. 1 - Holy Hour and Blessing with the Relics of Saint Sharbel, at Our Lady of Mt. Carmel Church, Brooklyn, NY**

Our Lady of Mount Carmel Shrine Church, Brooklyn, NY offered a Holy Hour and blessing with the relic and holy oil of Saint Sharbel on Saturday, **April 1st at 9:30 AM [EST]**.

**[CLICK HERE](#)** to watch the recorded live-stream of the Holy Hour on the OLMC website.

To learn more you can use this phone number **718-384-0223** or

**[CLICK HERE TO CONTACT THE PARISH](#)**

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### **Mar. 22 - Monthly Healing Mass, St. Sharbel Mission of Milwaukee**

The St. Sharbel Mission of Milwaukee offered their monthly healing Mass in honor of Saint Sharbel, on Wednesday, **March 22, 2023 at 7 PM [EST]**. This

healing Mass is offered *every 22nd of the month* (unless otherwise specified).  
All are welcome.

You can contact the parish using this number **805-402-5060** or  
**[CLICK HERE TO VIEW THEIR NEWSLETTER FOR MORE INFORMATION](#)**

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### **Mar. 13 - Healing Mass in Honor of Saint Sharbel, St. Joseph's Parish in Astoria, NY**

Father Vincent Chirichella and his brother Deacon Michael offered a Healing Mass in Honor of Saint Sharbel on **Monday, March 13 at 7:30 PM [EST]** at St. Joseph Roman Catholic Church in Astoria, New York.

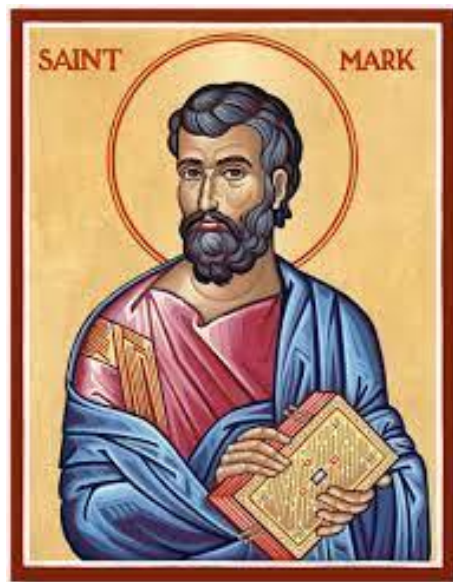
**Contact:** 718-278-1611

**[CLICK HERE FOR A FULL EVENTS CALENDAR](#)**

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## **Saint Spotlight**

### **Saint Mark the Evangelist**



<https://www.christcathedral.org/the-saints>

**Feast Day: April 25**

**Saint Mark** was the son of a Christian named Mary, whose home in Jerusalem became the place of gathering for Christians (Acts 12:12). Jesus celebrated the Last Supper at Mark's house. He was also a relative of Barnabas, the Cypriot Levite....

He traveled from Jerusalem to Antioch, with Paul and Barnabas, in order to preach the Gospel.... He transcribed the preaching of Peter at Rome into Greek around the year 65. Saint Peter made him bishop of Byblos, Lebanon where there is a large church in his honor... The various accounts of his life agree that he was martyred in Alexandria on Easter day around the year 70. May his prayers be with us.

For more on the life of Saint Mark, click [HERE](#)

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## Editor's Pick: FORMED | Holy Week

### FORMED Holy Week Resources...



<https://watch.formed.org/holy-week>

The Family of Saint Sharbel offers a FREE subscription to FORMED, a Catholic online platform with thousands of resources for spiritual growth. They have created a featured playlist for content centered around Holy Week which can be **"FOUND HERE"**. You can find resources on prayer, the mystery of Christ's Passion, and much more to help guide the faithful through the holiest days in our liturgical year. Sign up **FOR FREE** by following these simple steps:

**Go to:** <https://formed.org/signup>, **Enter:** Family of Saint Sharbel, **Enter** your



name and email address and you're in!

Below are the links to FORMED on social media:

Instagram: [formedcatholic](#)

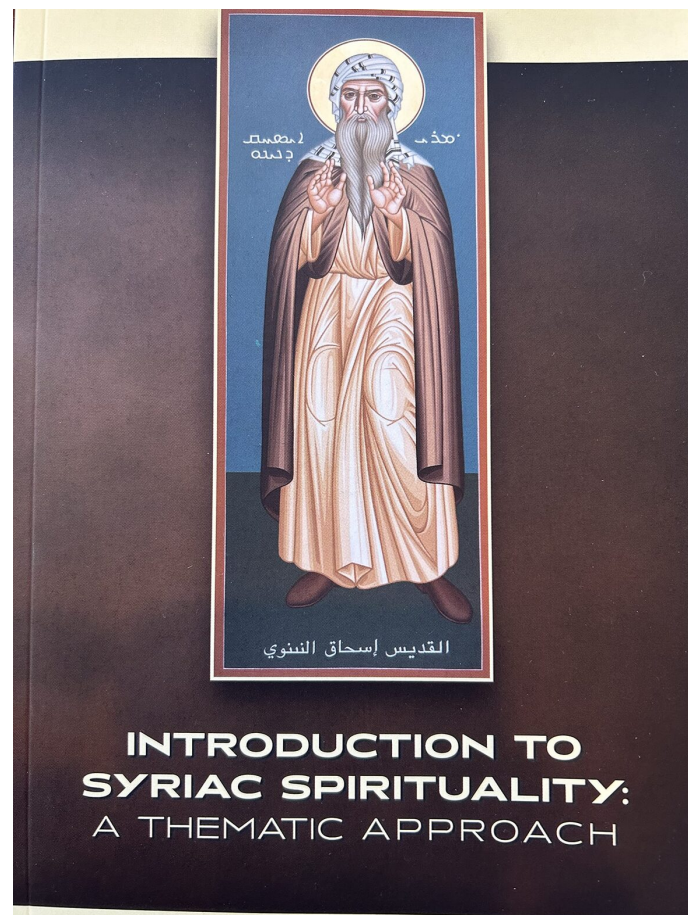
Facebook: [FORMEDCatholic](#)

YouTube: [Augustine Institute](#)

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## Reading Nook

### Introduction to Syriac Spirituality: A Thematic Approach



[https://www.amazon.com/Introduction-Syriac-Spirituality-Thematic-Approach/dp/B0BQZ67C2F/ref=sr\\_1\\_1?qid=1680629299&refinements=p\\_27%3ABeggiani+Seely&s=books&sr=1-1](https://www.amazon.com/Introduction-Syriac-Spirituality-Thematic-Approach/dp/B0BQZ67C2F/ref=sr_1_1?qid=1680629299&refinements=p_27%3ABeggiani+Seely&s=books&sr=1-1)

**Title:** *Introduction to Syriac Spirituality: A Thematic Approach*

**Author(s):** Chorbishop Seely Beggiani, et. al.

**Abstract:** An introduction to Syriac spirituality by presenting the themes and insights of a selection of major Syriac writers who lived from the fourth to the eighth centuries. Its approach is not to devote separate chapters to each writer,

but to present a synthesis of the Syriac writers of this period according to the principal themes founding their body of work.

**Language:** English

**Publisher:** Saint Maron Publications

**Publication Year:** 2022

You can purchase this book using the following link(s):

**Saint Maron Publications**

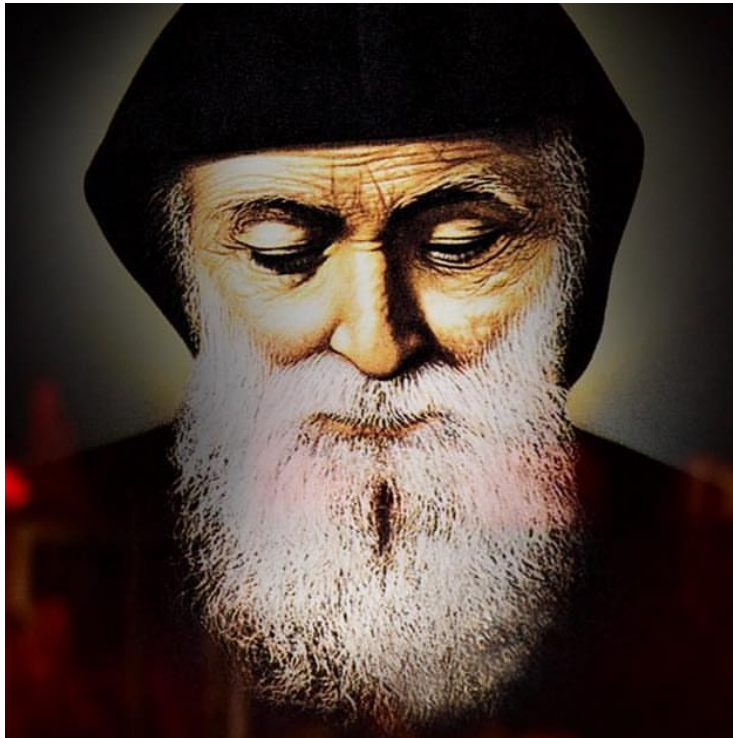
**Amazon**

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## Articles and More

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### The Testimony of Najiba Jamil Ayoub Issa



You can read more personal testimonials on our Testimonials page **HERE**

“I suffered from severe stomach pain for three years. In 2021, the pain spread to my waist and my hips. Based on my daughter’s wish, who is a doctor, I had an x-ray. I was diagnosed with fourth-degree cancer all over my body.

Before commencing the treatment, my son brought me holy soil from Saint



Sharbel's hermitage. I had it with my food, asking Saint Sharbel's intercession with Jesus Christ for the grace of a miracle.

In the morning, I had a dream of Saint Sharbel. He placed his hand on my stomach and said, "I healed you. Do not be afraid. I am with you." There was also a nun with him. I woke up, pain-free. I had more soil with my coffee. This was on June 24, 2021.-- *Read the full Testimonial* [HERE](#)

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### **Homily of Fr. Theodore Trinko (IVE) during Holy Mass of the Fifth Anniversary of the Dedication of Saint Sharbel's Shrine, October 15, 2022**



<https://www.familyofsaintsharbel.org/homily-of-fr-theodore-trinko-shrine-5th-dedication-2022.html>

"One time, a monk, the sacristan, went to the Chapel to check on the sanctuary light, that we always have burning here, to see if it was still lit in the monastery, and he stumbled over Saint Sharbel who was praying at midnight in the Chapel...."

You can access the full transcribed text of Fr. Theodore's homily [HERE](#).

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## The FSS, USA, 2023 Lenten Retreat



<https://www.familyofsaintsharbel.org/our-news/the-family-of-saint-sharbel-usa-lent-2023-retreat>

A group from the Family of Saint Sharbel, USA, attended a retreat with the Maronite Monks of Adoration at Most Holy Trinity Monastery in Massachusetts from Thursday, March 23rd to Sunday, March 26th, 2023.

Besides the retreat conferences, the group attended the liturgies celebrated by the monks: Morning Prayers (Safro), Divine Liturgy, Midday Prayers, Evening Prayers (Ramsho), and Night Prayers (Sotooro).

**[CLICK HERE FOR MORE information, photos, etc.](#)**

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## Our Weekly Zoom Prayer Meetings

**Join us for our Arabic Prayer Gatherings!**



Every Tuesday night at 8:00 PM (EST), the Family of Saint Sharbel from all over North America gets together to pray the Ramsho (evening liturgy of the hours) in Arabic. A priest will lead the celebration, cantors sing the hymns and lectors read Scripture passages. The priest then reads the Gospel of the day and gives a short homily. Following the prayers, the priest proceeds to give the scheduled teaching and engage in a Q&A session.

Email [office@familyofsaintsharbel.org](mailto:office@familyofsaintsharbel.org) to become a part of this awesome prayer group that has been meeting every Tuesday since 2020!

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## Where to Find Us

- [Website](#)
  - [Shrine](#)
  - [YouTube.Healings](#)
  - [YouTube.Family.Channel](#)
  - [Facebook](#)
  - [Instagram](#)
  - [Online.Shop](#)
  - [Amazon.Store](#)
  - [Spanish.Website](#)
  - [Portuguese.Website](#)
  - [Sanctuary.of.Saint.Charbel.in.Lebanon](#)
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**God Bless  
The Family of Saint Sharbel USA**



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