



They devoted themselves to the teaching
of the apostles and to the communal life,
to the breaking of the bread
and to the prayers.

ACTS 2:42

Issue 7 | February 2023

Peace of Christ!



*Family of Saint
Sharbel USA*

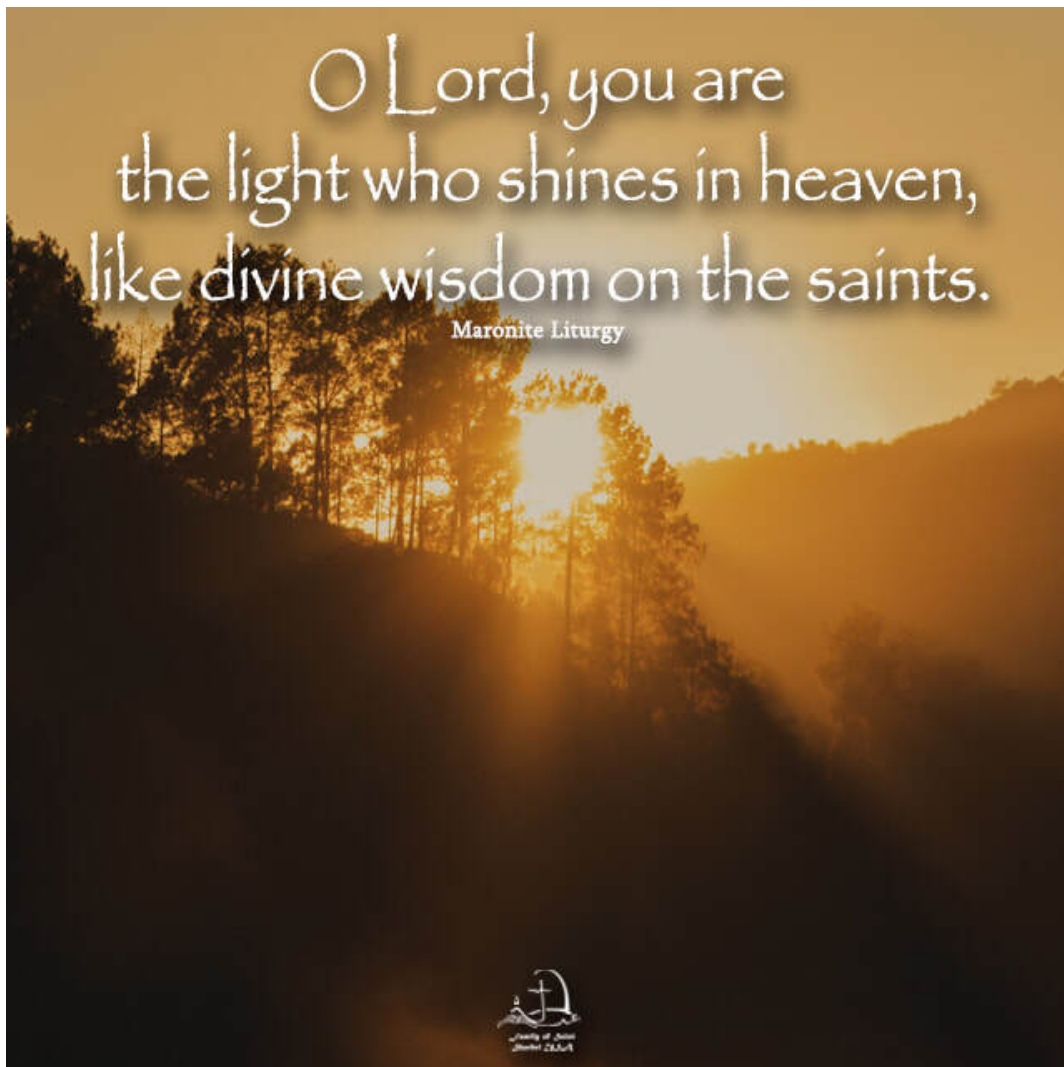
Blessed Lent Dear Friends!

The Family of Saint Sharbel USA presents its latest Newsletter, to highlight past and future events, our spiritual content, and noteworthy projects. We are happy to have you onboard! **Please spread the word among your family and friends, we would love to have you all join us.**

- View the PDF version of this Newsletter & Past Issues
HERE -

Contemplation Corner

You are the Light of the World...



We can grow our faith in this season of Great Lent and become beacons of love and hope. In the gospel of Matthew, chapter 5, verses 14 to 15, it is written: "You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house" (Mt. 5:14, NABRE). If you are

hesitant to go deeper in prayer or to be more active in your religious communities, reflect on why that is.

Guiding Questions:

What can the journey of the saints teach me?

Do I want to be more active in my religious community? Why?

How can I use my talents to spread the light of God?

What healing do I seek during this season of Great Lent?

Reflection: Often, we desire to give more of ourselves to God but fall short because we haven't taken the time to nourish our spiritual bodies and ultimately give from an empty cup. List five habits you can implement now that would strengthen your religious life. (Example: Praying the rosary with my family every Sunday night.)

Be assured of our prayers for you and if you enjoyed reflecting on this image, find more of our spiritual designs [HERE](#)

What's Ahead: Schedule and Events

Mar. 13 - Healing Mass in Honor of Saint Sharbel, St. Joseph's Parish in Astoria, NY



Join Father Vincent Chirichella and his brother Deacon Michael for a Healing Mass in Honor of Saint Sharbel on **Monday, March 13 at 7:30 PM [EST]** at St. Joseph Roman Catholic Church in Astoria, New York.

What: Healing Mass in honor of Saint Sharbel

When: Monday, March 13th @ 7:30 PM [EST]

Where: St Joseph Roman Catholic Church, 28-47 43rd St, Queens, NY 11103

Contact: 718 278-1611

[CLICK HERE FOR A FULL EVENTS CALENDAR](#)

In Case You Missed It: Past Events

Feb. 4 - Holy Hour and Blessing with the Relics of Saint Sharbel, at Our Lady of Mt. Carmel Church, Brooklyn, NY

Our Lady of Mount Carmel Shrine Church, Brooklyn, NY offered a Holy Hour and blessing with the relic and holy oil of Saint Sharbel on Saturday, **February 4th at 10:30 AM [EST]**.

To learn more you can use this phone number **718-384-0223** or

[CLICK HERE TO CONTACT THE PARISH](#)

Feb. 13 - Healing Mass in Honor of Saint Sharbel, St. Joseph's Parish in Astoria, NY

Father Vincent Chirichella and his brother Deacon Michael offered a Healing Mass in Honor of Saint Sharbel on **Monday, February 13 at 7:30 PM [EST]** at St. Joseph Roman Catholic Church in Astoria, New York.

You can contact the parish using this phone number **718 278-1611** or

[CLICK HERE TO LEARN MORE](#)

Feb. 26 - Monthly Healing Mass, St. Sharbel Mission of Milwaukee

The St. Sharbel Mission of Milwaukee offered their monthly healing Mass in honor of Saint Sharbel, on Sunday, **February 26, 2023 at Noon [EST]**. This healing Mass is offered *every 22nd of the month* (unless otherwise specified). All are welcome.

You can contact the parish using this number **805-402-5060** or **[CLICK HERE TO VIEW THEIR NEWSLETTER FOR MORE INFORMATION](#)**

Saint Spotlight

Saint Rafqa, the Lebanese Nun



Feast Day: March 23

Saint Rafqa was born on June 29, 1832, in Himlaya, a village in Northern Metn District in Lebanon. She was the only child of Saqer El- Shabq and Rafqa Gemayl. On July 7th, 1832, she was baptized and given the name Boutrossieh. Her parents taught her to love God and pray daily. At the age of seven, she suffered her first great loss with the death of her mother....

In 1899, she lost sight in her left eye and became paralyzed. Although she was blind and paralyzed, she kept smiling and thanking God for His grace of letting

her participate in His passion...
For Saint Rafqa's Full Story, click [HERE](#)

Editor's Pick: *LENT* | A Collection...

FORMED Lenten Resources



The Family of Saint Sharbel offers a FREE subscription to FORMED, a Catholic online platform with thousands of resources for spiritual growth. Their "**LENT**" collection presents curated content to help the Church journey through this Lenten season. You can find resources on prayer, the mystery of Christ's Passion, and many things to help guide the faithful through the holiest days in our liturgical year. Sign up **FOR FREE** by following these simple steps:

Go to: <https://formed.org/signup>, **Enter:** Family of Saint Sharbel, **Enter** your name and email address and you're in!

Below are the links to FORMED on social media:

Instagram: [formedcatholic](#)

Facebook: [FORMEDCatholic](#)

YouTube: [Augustine Institute](#)

Reading Nook

Jacob of Serugh: Selected Metrical Homilies



<https://images.app.goo.gl/RbTGrh6U8tzyjYCj8>

Title: *Jacob of Serugh: Selected Metrical Homilies*

Author(s): Jacob of Serugh, translated by Fr. Armando Elkhoury and Robert A. Kitchen

Abstract: Jacob of Serugh: Selected Metrical Homilies is the first volume of Syriac Treasures. This book includes translations of three metrical homilies by Jacob of Serugh (d. 521): (1) The Fall of the Idols, (2) Love of Money, and (3) The Treasure Hidden in a Field.

Language: English

Publisher: The Hidden Pearl Press

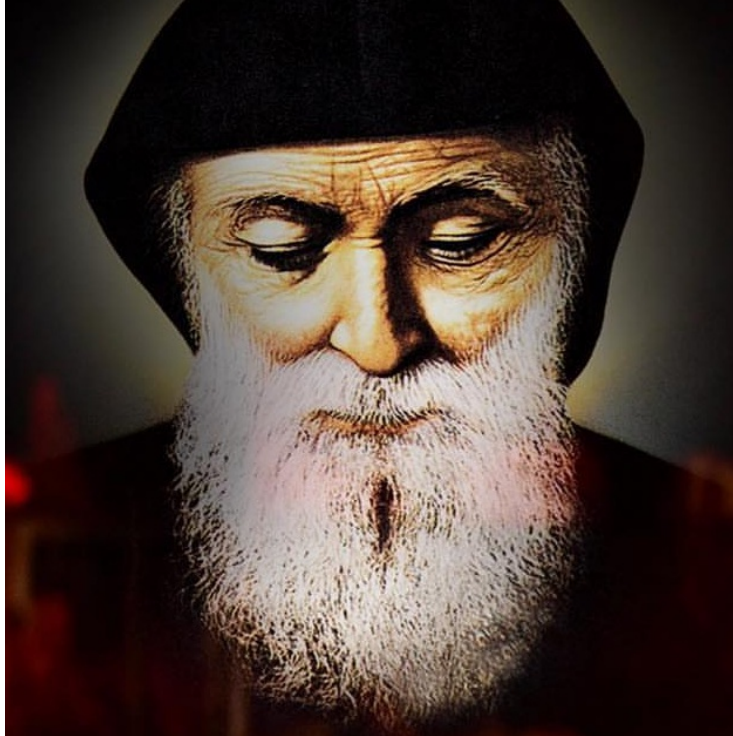
Publication Year: N/a

You can purchase this book using the following link(s):

The Hidden Pearl Press

Articles and More

The Testimony of Georgette Asaad Faris



You can read more personal testimonials on our Testimonials page [HERE](#)

Mrs. Georgette Asaad Faris is married to Rizallah Nassar and is the mother of four children. She was born in Beirut in 1946 and resides in Haddath, Beirut. Her daughter Ghada Nassar recounts her mother's health based on medical records.

"I, the undersigned, Ghada Nassar, certify that my mother, Georgette Nassar, was diagnosed with cancer in her stomach and her right lung in 2019...

I asked Saint Sharbel to open his closed eyes, as they appear in the icon, as a sign of listening to my prayers. In April 2022, I dreamt of Saint Sharbel opening and closing his eyes.-- *Read the full Testimonial* [HERE](#)

Our Weekly Zoom Prayer Meetings

Join us for our Arabic Prayer Gatherings!



Every Tuesday night at 8:00 PM (EST), the Family of Saint Sharbel from all over North America gets together to pray the Ramsho (evening liturgy of the hours) in Arabic. A priest will lead the celebration, cantors sing the hymns and lectors read Scripture passages. The priest then reads the Gospel of the day and gives a short homily. Following the prayers, the priest proceeds to give the scheduled teaching and engage in a Q&A session.

Email office@familyofsaintsharbel.org to become a part of this awesome prayer group that has been meeting every Tuesday since 2020!

Where to Find Us

- [Website](#)
- [Shrine](#)
- [YouTube.Healings](#)
- [YouTube.Family.Channel](#)
- [Facebook](#)
- [Instagram](#)
- [Online.Shop](#)
- [Amazon.Store](#)
- [Spanish.Website](#)
- [Portuguese.Website](#)
- [Sanctuary.of.Saint.Charbel.in.Lebanon](#)

**God Bless
The Family of Saint Sharbel USA**



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